

Infant Tongue & Lip Tie Resources

Your Consult Visit with Sandpoint Kids Dentistry

- Call with any questions. (208) 597-7800
- Office location: 1202 N. Division Ave, Sandpoint, Idaho 83864. On the corner of Division Ave. and Walnut St., across from Life Care.
 - Front sign: Amanda Caswell Burt, DDS Board Certified Pediatric Dentist
- Prior to your consult we ask that you be seen and evaluated by a lactation consultant. Please bring with you any of their findings.
- It is very useful and highly recommended to look at some of the resource websites listed below regarding the procedure and aftercare.

Lactation Consultants

- Patty Omodt, IBCLC, RN. (208) 946-3295.
- BGH OB Department, (208) 263-1441. Angie Shadel, IBCLC, RN. Call BGH and ask for lactation consultation.
- Sandpoint Pediatrics (Kaniksu). Pediatric Nurse (208) 263-7101 x3508. Melissa (Missy) Maloney.
- Nikki Chamberland (239) 989-4955.

Chiropractor

- Dr. Will Mihin, for evaluation of tension in the neck and shoulders. 1207 Michigan St Ste B, Sandpoint, Idaho. (208) 265-2225.

Pediatrician

- Sandpoint Pediatrics (Kaniksu). (208) 265-2242. Locations in Sandpoint and Bonners Ferry.

Resources

- TONGUE TIED: How a tiny string under the tongue impacts nursing, speech, feeding, and more. Book by Dr. Richard Baxter. Can order from amazon.com
- SOS 4 TOTS, book by Dr. Lawrence Kotlow. Can order at https://shoptbmbbooks.com/sos_4_tots.html
- TONGUE-TIE by Alison K. Hazelbaker, book can be ordered at amazon.com
- Websites with useful information, videos of procedure, after care, etc.
 - www.drghaheri.com
 - Click on patient info
 - Click on: Before your Visit, During your visit, Aftercare
 - www.tonguetieal.com
 - www.kiddsteeth.com
 - Click on: Breastfeeding

